



Red: PAINTED ITEMS
Blue: KITS

- 1. All labeled components are to be assembled before shipment unless otherwise noted.
- 2. All bearings are to be pressed in with force applied to outer ring only.
- 3. All hardware to be torqued to specs listed in chart below.
- 4. Special notes if any are shown below.

PART NO.	S9OP/ QTY.	DESCRIPTION	PART NO.	S9OP/ QTY.	DESCRIPTION
01-0011	1	½ -13 UNC x 3 Bolt	07-9850	4	1" BEARING MOLDED FLANGE
01-1115	2	3/8 -16 UNC x 2½ Bolt	07-9873	2	MOLDED BEARING CAP WITH HOLE
01-1185	2	3/8 -16 UNC x 3½ Bolt	07-9909	2	6" Counter Weight 3" Wide
01-1381	2	½ -13 UNC x 4 Bolt Gr 8	09-1004	1	.500 ID X 3" CLOSED END
01-1553	1	3/8 -16 UNC x 4½ Bolt	09-1102	4	Grip 1 1/2 x 5 1/2 Open
01-1564	3	½ -13 UNC x 4½ Bolt	09-2070	1	2 X 2 11 GA FRAME PLUG
01-2286	1	5/8-11 UNC x 6 3/8 Bolt - Cutoff	09-3055	3	2 X 4 11 GA FRAME PLUG
01-4035	4	¼ -20 UNC x 1¼ Wiz Lock Bolt	09-5030	2	FOOTPAD MOLDED BLACK
01-4038	2	BOLT BH , ½ -13 x 2 ½"	09-5043	2	5/8" X 1" VINYL CAP
02-1060	2	BOLT BH , ¼ -20 x 2¼"	09-5046	6	Nitro Plus Footpad
02-2290	4	¼ -20 UNC x 1¼" FLAT HEAD SC SCREW SS	09-8018	2	GUIDE ROD BUSHING
02-3015	2	SELF THREADING x ¾" L ROUND HD PHILLIPS SCREW	09-8330	3	REDIRECTIONAL PULLEY 4"
02-3055	8	SCREW, SET, ¼ -28 UNF x ¼	09-9520	4	GRIP CAP 1.530 ID (FOR 1 1/2 BAR)
02-9210	2	3/8 -16 UNC x 1 Bolt	09-9550	4	GRIP RING 1.530 ID (FOR 1 1/2" BAR)
03-1035	3	3/8" Lock Nut	09-9600	2	TUBE INSERT 1.010 ID PN3045-4-1
03-1055	6	1/2" Nylon Insert Lock Nut-Thin	09-9605	2	TUBE INSERT 1.125 ID PN3046-4-1
03-1067	1	5/8" Lock Nut	10-1022	1	Extension Spring
03-4035	2	1/4-20 INSERT 11/16" LONG	10-1025	1	SPRING, TORSION
03-4290	2	1/4" Whiz Nut	12-1001	1	SEAT INDICATOR BLACK
03-5101	2	1/4" Hex Nut	12-1026	2	DECAL, KEEP HANDS AWAY
03-5118	2	5/8" LH Fine Thread Jam Nut	12-1104	1	SEAT ADJUSTMENT DECAL 1-11
03-5119	4	5/8" RH Fine Thread Jam Nut	12-1146	1	SEAT ADJ DECAL 1
04-2015	2	WASHER, FLAT, ¼" SAE Black	12-1380	1	DECAL PATENT MEDFIT MADE IN USA
04-5070	6	RUBBER WEIGHT STACK BUMPER	12-5611	1	Nautilus Transfer Decal - Large BLACK
04-5206	7	WASHER, FLAT, 3/8" SAE	12-6046	1	Made In USA - Seat Frames
04-5207	6	WASHER, FLAT, ½" SAE	12-6059	1	PLACARD & SHIELD FRONT S9OP
04-5208	1	WASHER, FLAT, 5/8" SAE	12-6074	1	PLACARD & SHELD BACK S9IP, S9LATP, S9LR, S9OP, S9PF
05-5105	2	.500 ID Bushing (IGUS Replacement)	12-6114	1	Decal, Parts Diagram EVO OP
06-8180	1	Snap Ring, 1/2" External	12-7050	1	EVO Weight Selector Pin Decal
06-8275	6	Snap Ring, 17mm Heavy External	17-1260	2	STANDARD 45" GUIDE ROD
06-9033	2	5/8-18 RH/LH	18-0022 (130")	1	MECTROL BELT 1" (130")
06-9036	2	ROD END 5/8-18 RH/RH	19-1013	4	TAPE DBL SIDED 2 3/4" WIDE
07-5032	1	SEAT TRACK	19-1291	1	SERIAL NO. DECAL
07-5033	1	SEAT TRACK BACK	32-0001	1	PAD SEAT STANDARD "ONE" CONTOURED
07-5034	3	SEAT ROLLERS	32-0022	1	UPH. PAD BACK LONG
07-5064	6	6203 RADIAL BEARING	56-0217	1	Clamp Belt ONE
07-8230	1	STANDARD SEAT CLEVIS PIN	56-0429	2	Movement Arm Sleeve Spacer
07-8359	2	PULLEY BUSHING	56-0602	1	OP Pivot Shield
07-8363	4	PULLEY BUSHING	57-0611	1	Pocket, Peel & Stick, Cardio Schematic
07-8686	1	STANDARD SEAT 0 degree	91-999	1	Paint (1.5 lbs)
07-8982	2	STRAP CLAMP END (5/16 HOLES)	95-0470	1	Kit 1, EVO Shields
07-9376	3	SEAT ROLLER SLEEVE	BF650	1	Nitro Overhead Press Main Frame
07-9607	2	MOLDED BEARING CUP	LK654	2	OHP LINKAGE
07-9771	2	IDLER PULLEY SPACER	LK655	1	Nitro OP Linkage Arm
07-9775	1	BEARING SLEEVE	MA651	1	Nitro OP Left Movement Arm
07-9849	2	MOLDED BEARING CAP, Ti SERIES	MA652	1	NITRO PLUS OHP RT MA
			OPT-WT-25	1	EVO 240 LB Weight Stack
			SE613	1	RELEASE HANDLE

Customer Service & Parts 800/ 235-2233
General Parts Requests: parts@medfitsys.com
Warranty Field Service Requests: servicerequest@medfitsys.com
Med-Fit Systems, Inc. 800/ 831-7665

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EVO OVERHEAD PRESS
S9OP

Bolt Torque Specifications		
Size	Grade 5	Grade 8
	Torque (ft-lbs)	Torque (ft-lbs)
1/4-20	8	12
1/4-28	10	14
5/16-18	17	25
3/8-16	30	45
7/16-14	50	70
1/2-13	75	110
1/2-20	90	120
5/8-11	150	220
5/8-18	180	240

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Number	S9OPM /QTY.	DESCRIPTION
01-0011	1	1/2 -13 UNC x 3 Bolt
01-1115	2	3/8 -16 UNC x 2 1/2 Bolt
01-1185	2	3/8 -16 UNC x 3 1/2 Bolt
01-1470	2	1/2 -13 UNC x 7 Bolt
01-1553	1	3/8 -16 UNC x 4 1/2 Bolt
01-1564	3	1/2 -13 UNC x 4 1/2 Bolt
01-2286	1	5/8-11 UNC x 6 3/8 Bolt - Cutoff
01-4035	4	1/4 -20 UNC x 1 1/4 Wiz Lock Bolt
01-4038	2	BOLT BH , 1/2 -13 x 2 1/2"
02-1060	2	BOLT BH , 1/4 -20 x 2 1/4"
02-2290	4	1/4 -20 UNC x 1 1/4" FLAT HEAD SC SCREW SS
02-3015	2	SELF THREADING x 3/4" L ROUND HD PHILLIPS SCREW
02-3055	8	SCREW, SET, 1/4 -28 UNF x 1/4
02-9210	2	3/8 -16 UNC x 1 Bolt
03-1035	3	3/8" Lock Nut
03-1055	6	1/2" Nylon Insert Lock Nut-Thin
03-1067	1	5/8" Lock Nut
03-4035	2	1/4-20 INSERT 1 1/16" LONG
03-4290	2	1/4" Whiz Nut
03-5101	2	1/4" Hex Nut
03-5118	2	5/8" LH Fine Thread Jam Nut
03-5119	4	5/8" RH Fine Thread Jam Nut
04-2015	2	WASHER, FLAT, 1/4" SAE Black
04-5070	6	RUBBER WEIGHT STACK BUMPER
04-5206	7	WASHER, FLAT, 3/8" SAE
04-5207	6	WASHER, FLAT, 1/2" SAE
04-5208	1	WASHER, FLAT, 5/8" SAE
05-5105	2	.500 ID Bushing (IGUS Replacement)
06-8180	1	Snap Ring, 1/2" External
06-8275	6	Snap Ring, 17mm Heavy External
06-9033	2	5/8-18 RH/LH
06-9036	2	ROD END 5/8-18 RH/RH
07-5032	1	SEAT TRACK
07-5033	1	SEAT TRACK BACK
07-5034	3	SEAT ROLLERS
07-5064	6	6203 RADIAL BEARING
07-8230	1	STANDARD SEAT CLEVIS PIN
07-8359	2	PULLEY BUSHING
07-8363	4	PULLEY BUSHING
07-8686	1	STANDARD SEAT 0 degree
07-8982	2	STRAP CLAMP END (5/16 HOLES)
07-9376	3	SEAT ROLLER SLEEVE
07-9607	2	MOLDED BEARING CUP
07-9771	2	IDLER PULLEY SPACER
07-9775	1	BEARING SLEEVE

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4. Special notes if any are shown below.

Number	S9OPM /QTY.	DESCRIPTION
07-9849	2	MOLDED BEARING CAP, Ti SERIES
07-9850	4	1" BEARING MOLDED FLANGE
07-9873	2	MOLDED BEARING CAP WITH HOLE
07-9909	4	6" Counter Weight 3" Wide
09-1004	1	.500 ID X 3" CLOSED END
09-1102	4	Grip 1 1/2 x 5 1/2 Open
09-2070	1	2 X 2 11 GA FRAME PLUG
09-3055	3	2 X 4 11 GA FRAME PLUG
09-5030	2	FOOTPAD MOLDED BLACK
09-5043	2	5/8" X 1" VINYL CAP
09-5046	6	Nitro Plus Footpad
09-8018	2	GUIDE ROD BUSHING
09-8330	3	REDIRECTIONAL PULLEY 4"
09-9520	4	GRIP CAP 1.530 ID (FOR 1 1/2 BAR)
09-9550	4	GRIP RING 1.530 ID (FOR 1 1/2" BAR)
09-9600	2	TUBE INSERT 1.010 ID PN3045-4-1
09-9605	2	TUBE INSERT 1.125 ID PN3046-4-1
10-1022	1	Extension Spring
10-1025	1	SPRING, TORSION
12-1001	1	SEAT INDICATOR BLACK
12-1026	2	DECAL, KEEP HANDS AWAY
12-1104	1	SEAT ADJUSTMENT DECAL 1-11
12-1146	1	SEAT ADJ DECAL 1
12-1380	1	DECAL PATENT MEDFIT MADE IN USA
12-5611	1	Nautilus Transfer Decal - Large BLACK
12-6046	1	Made In USA - Seat Frames
12-6059	1	PLACARD & SHIELD FRONT S9OP
12-6074	1	PLACARD & SHELD BACK S9IP, S9LATP, S9LR, S9OP, S9PF
12-6114	1	Decal, Parts Diagram EVO OP
12-7050	1	EVO Weight Selector Pin Decal
17-1260	2	STANDARD 45" GUIDE ROD
18-0022 (130")	1	MECTROL BELT 1" (130")
19-1013	4	TAPE DBL SIDED 2 3/4" WIDE
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56-0602	1	OP Pivot Shield
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91-999	1	Paint (1.5 lbs)
95-0470	1	Kit 1, EVO Shields
BF650	1	Nitro Overhead Press Main Frame
LK654	2	OHP LINKAGE
LK655	1	Nitro OP Linkage Arm
MA651	1	Nitro OP Left Movement Arm
MA652	1	NITRO PLUS OHP RT MA
OPT-WT-25	1	EVO 240 LB Weight Stack
SE613	1	RELEASE HANDLE



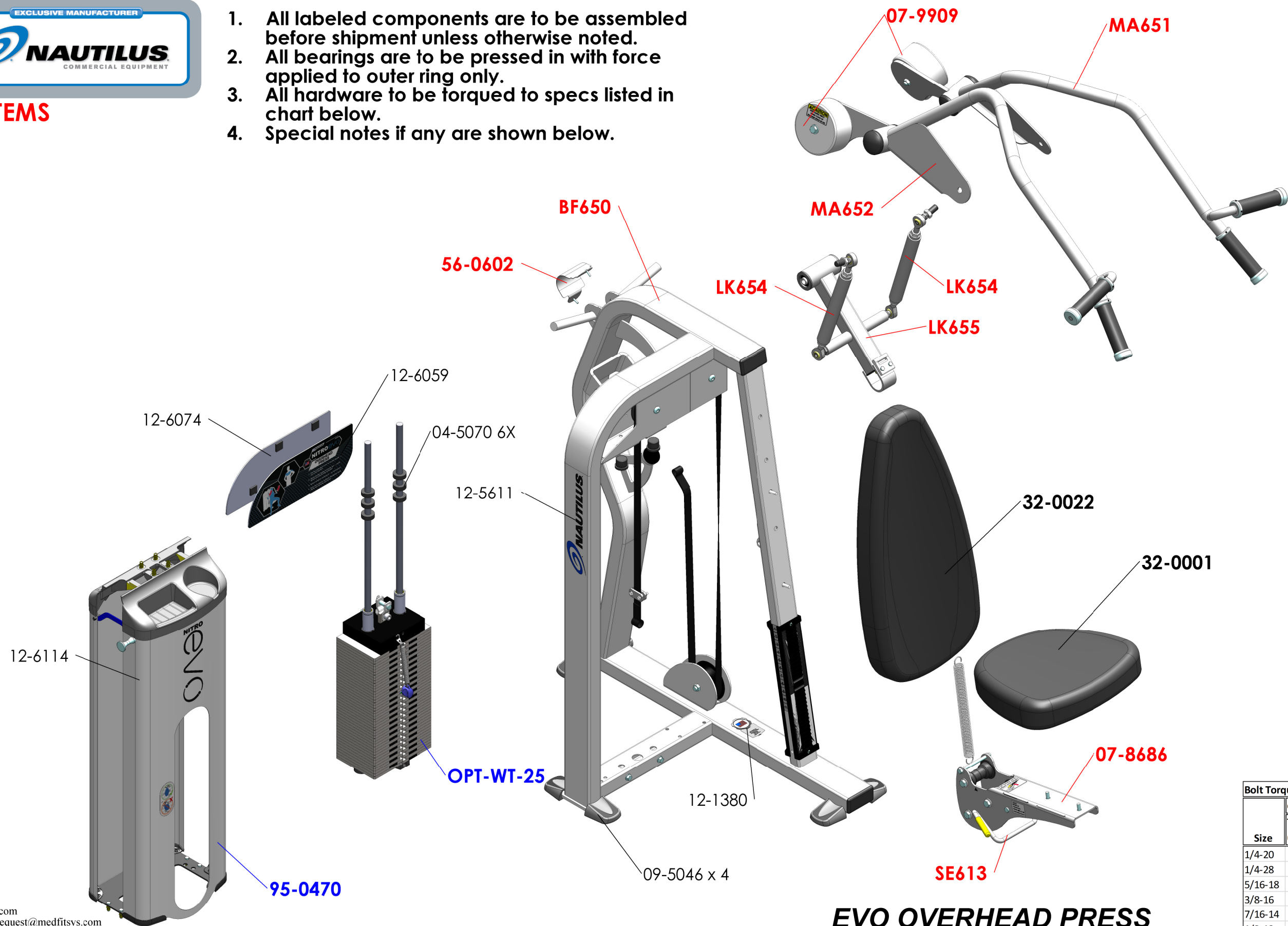
EVO OVERHEAD PRESS MEDICAL
S9OPM

REV R



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EVO OVERHEAD PRESS S90P

Bolt Torque Specifications		
Size	Grade 5	Grade 8
	Torque (ft-lbs)	Torque (ft-lbs)
1/4-20	8	12
1/4-28	10	14
5/16-18	17	25
3/8-16	30	45
7/16-14	50	70
1/2-13	75	110
1/2-20	90	120
5/8-11	150	220
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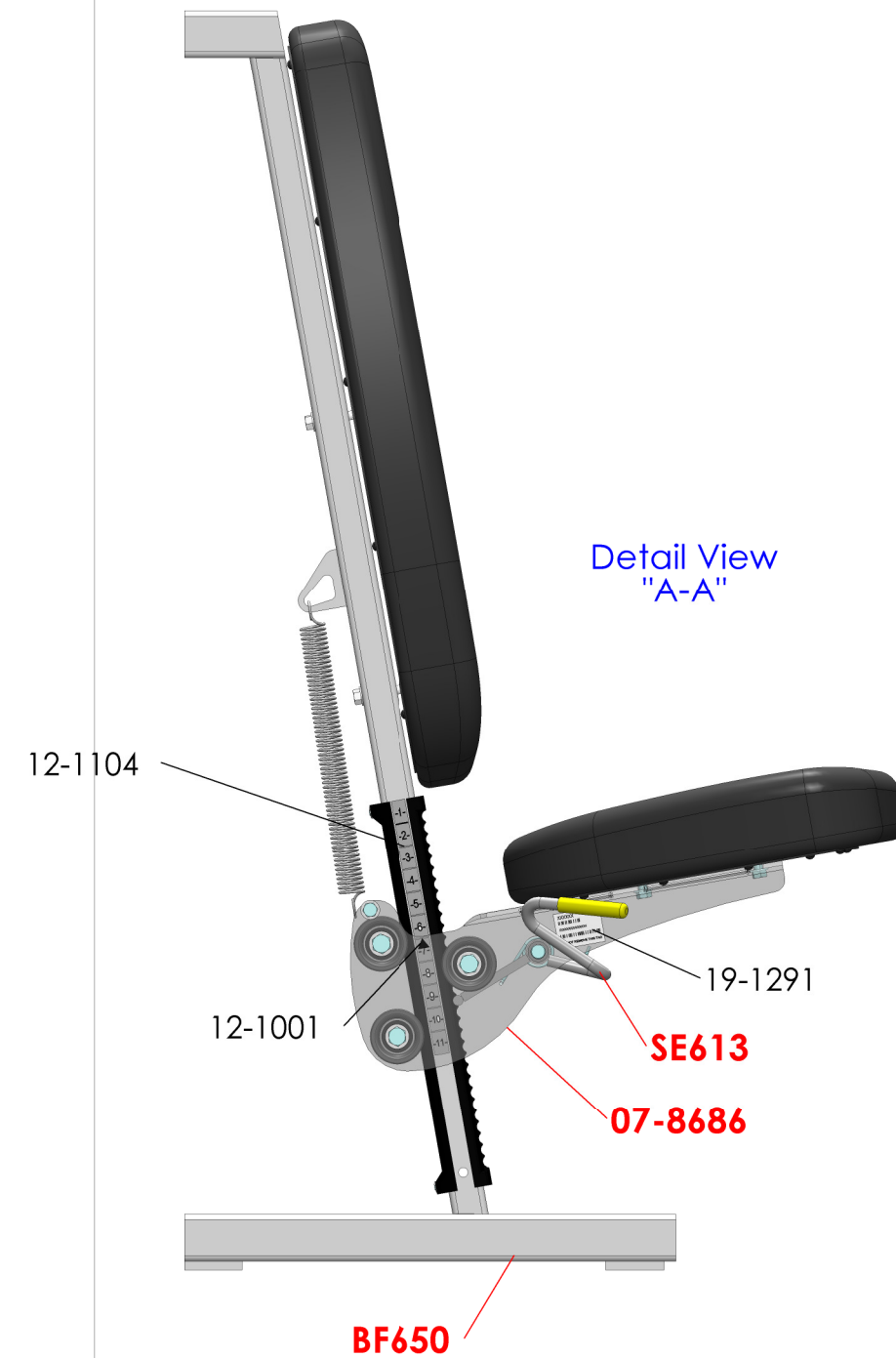
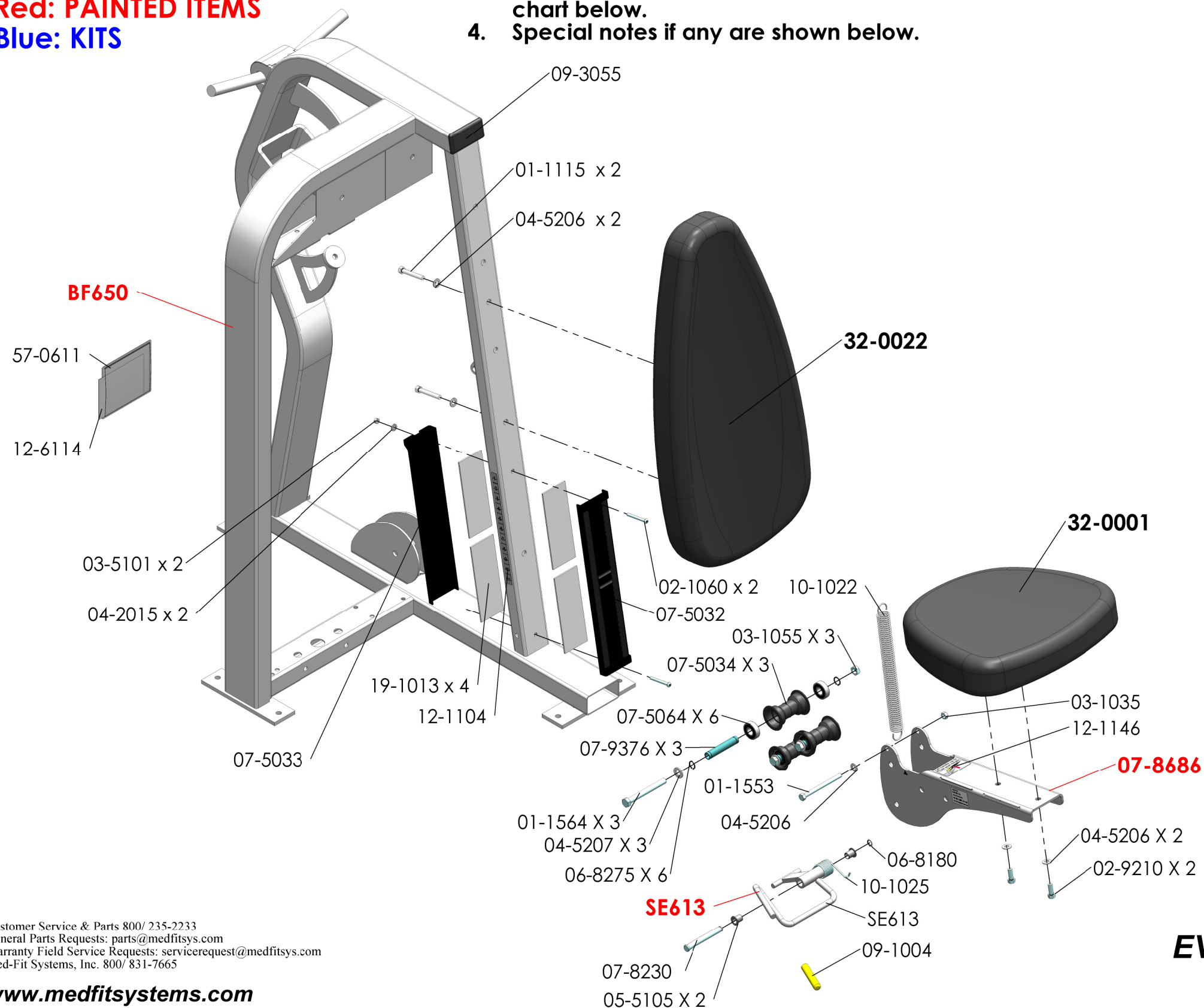
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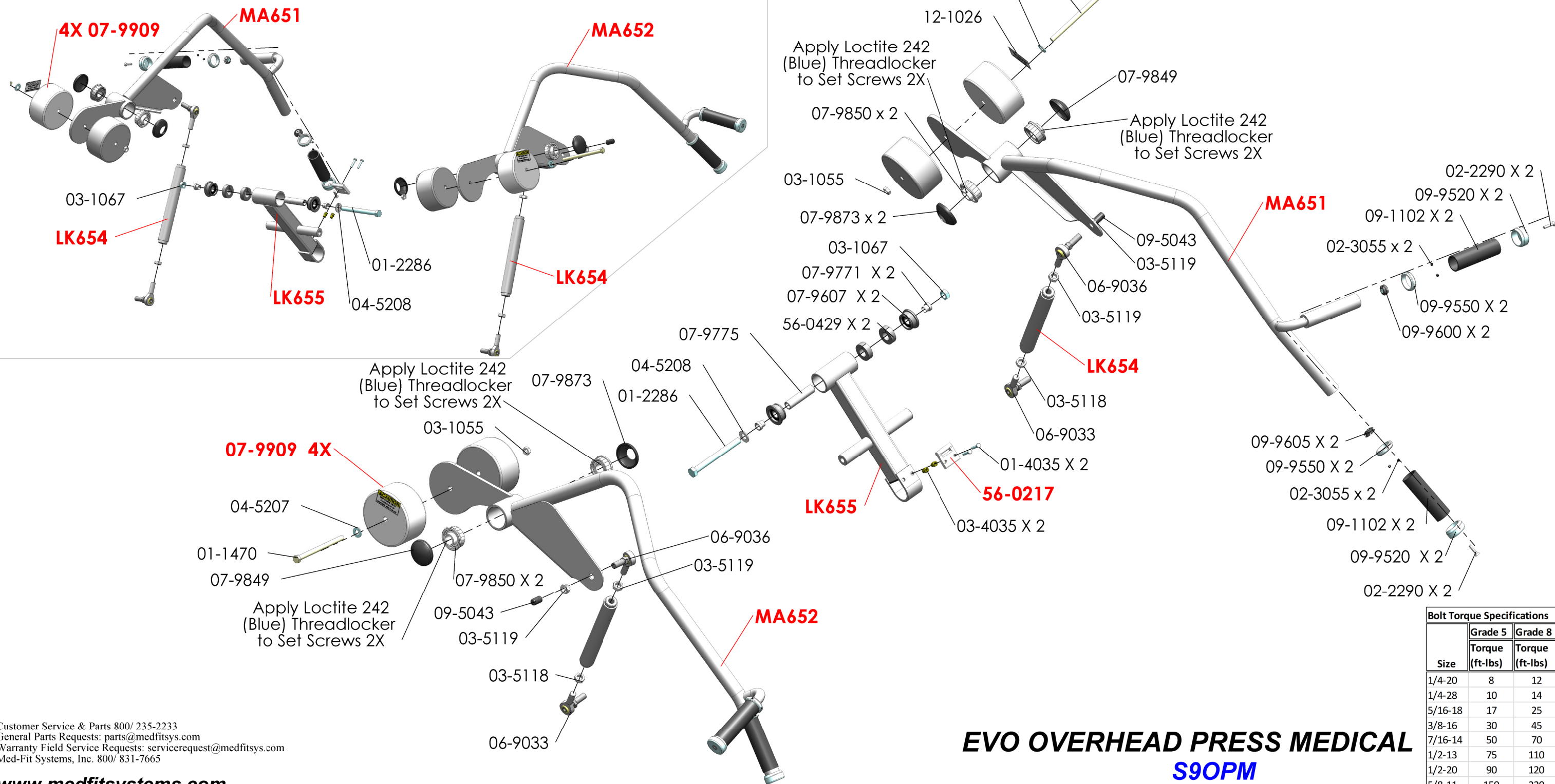
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EVO OVERHEAD PRESS
S9OP

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EVO OVERHEAD PRESS MEDICAL S90PM

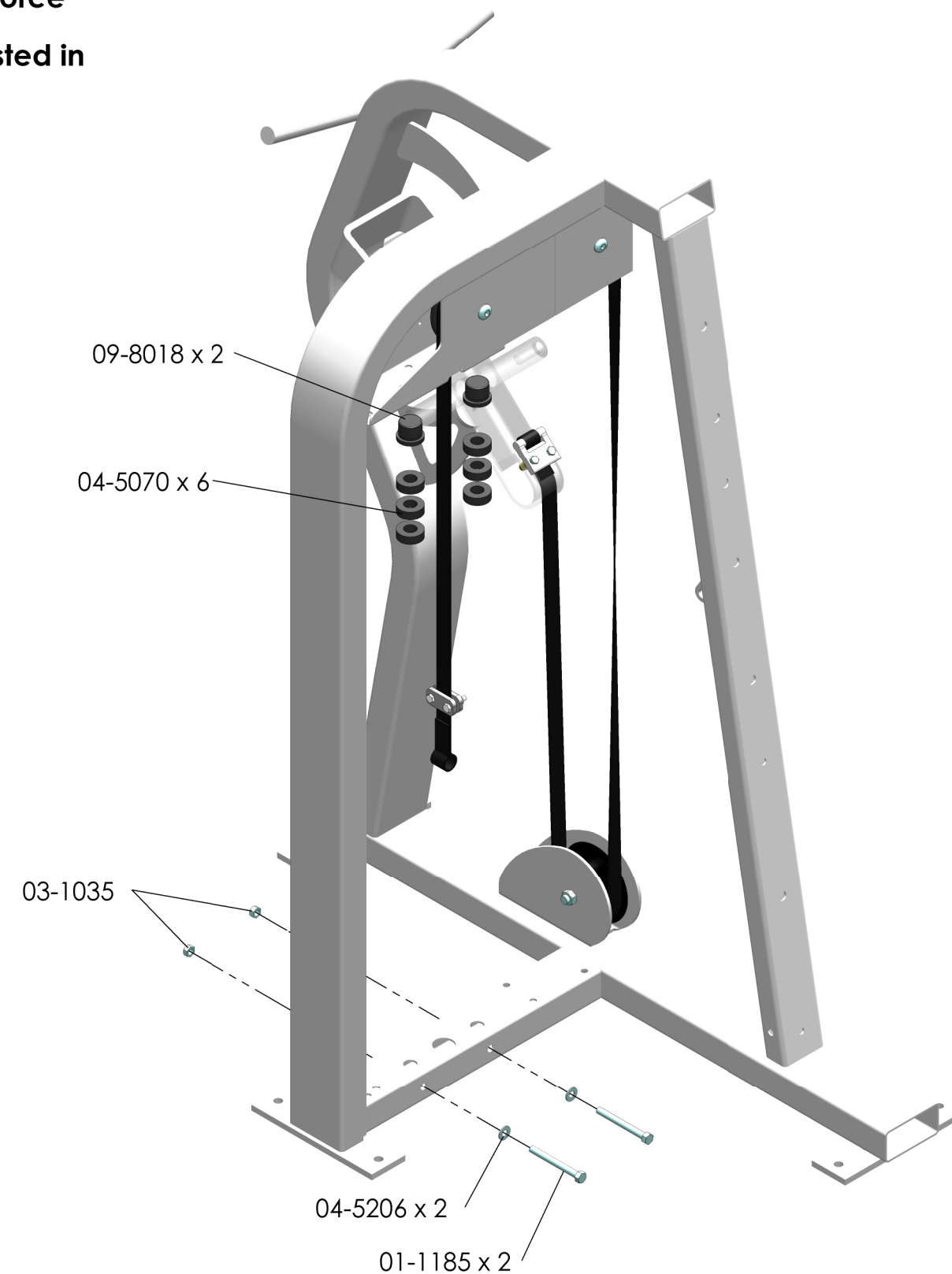
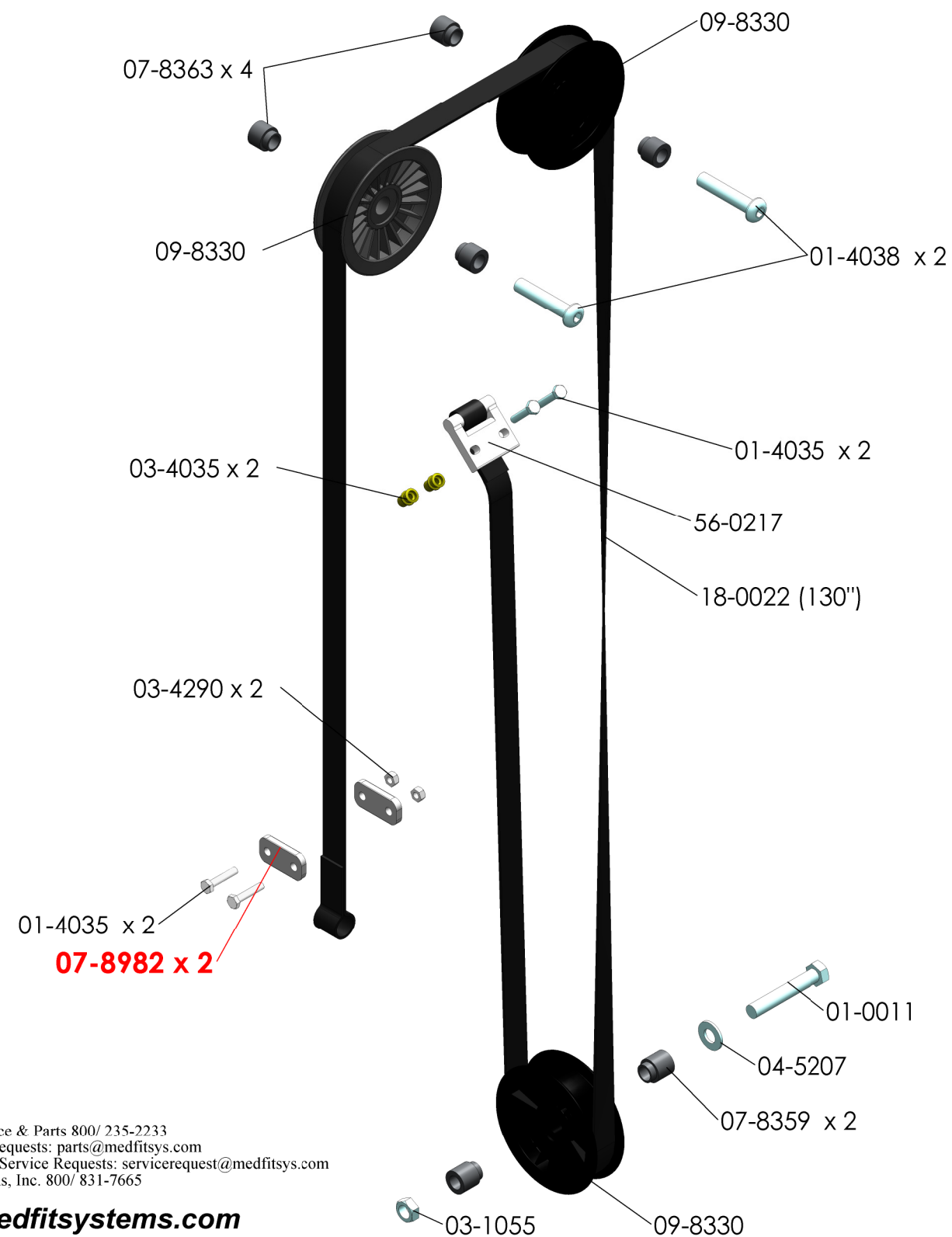
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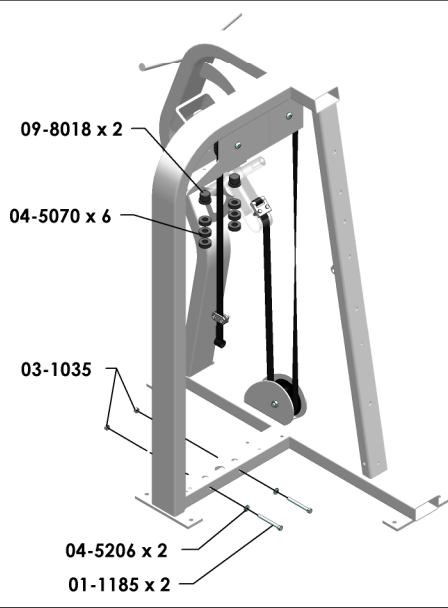
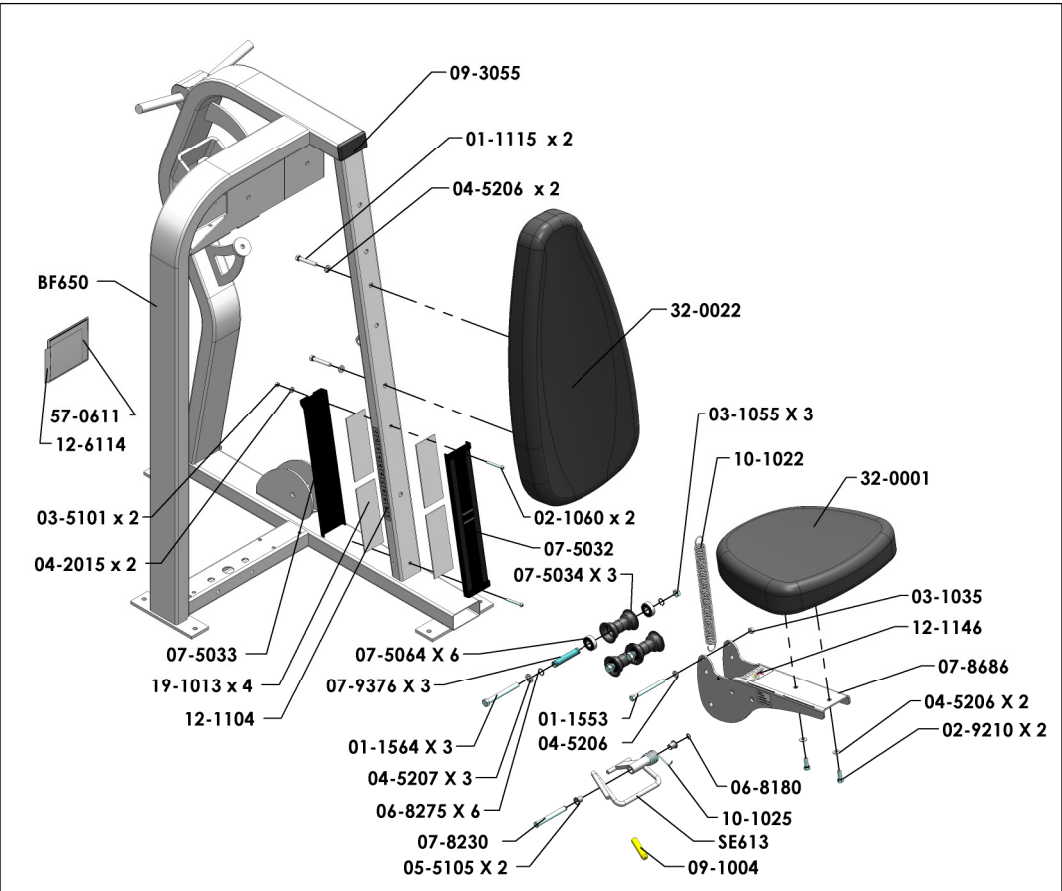
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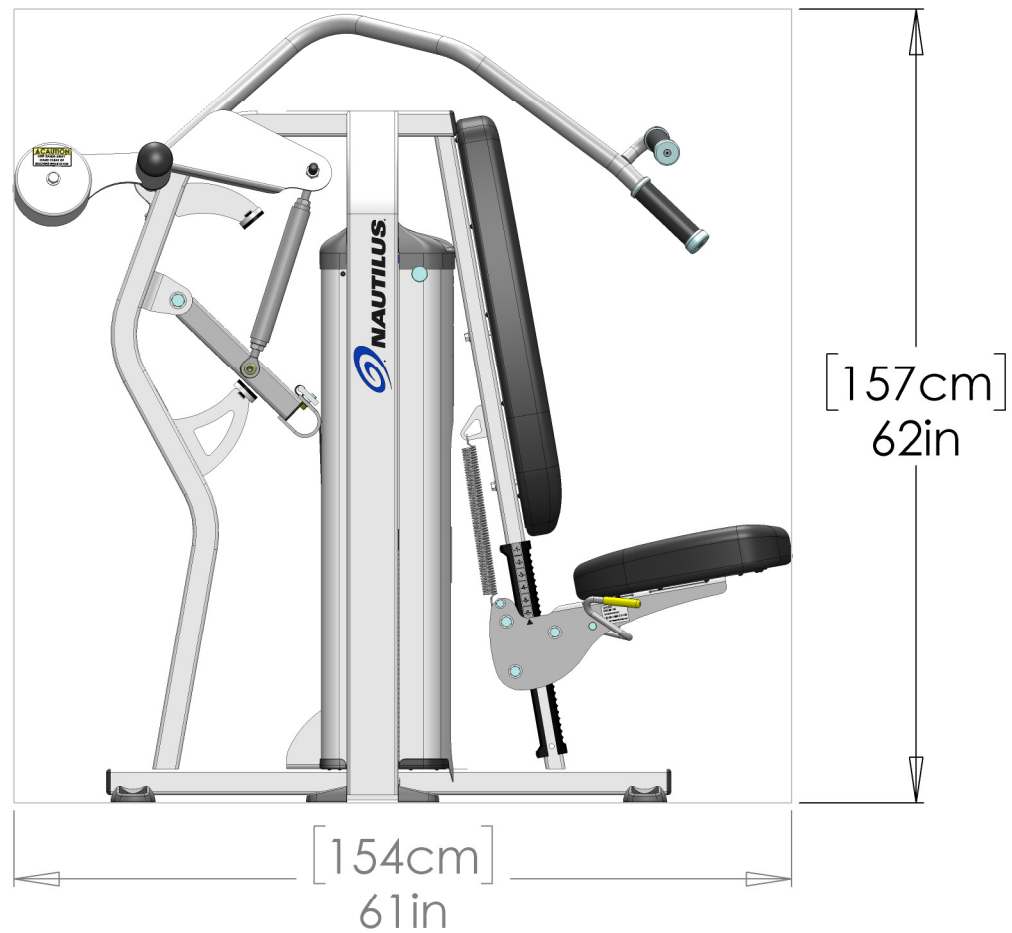
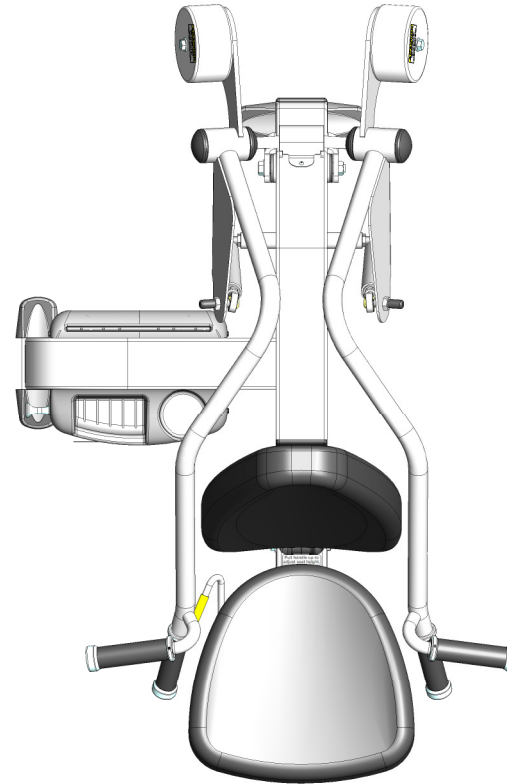
REV R

12-6114 REV R



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